

Clinical Laboratory

Urine collection instructions for cytological examination on three samples

For this test, it is essential to collect three sterile screw-cap containers, each pre-filled halfway with 50% ethyl alcohol, from the Laboratory Analysis Department.

The urine must be collected in the morning for **three consecutive days**. Follow these steps for each of the three days:

- Upon waking, empty your bladder by urinating and discard the first urine of the day.
- Thoroughly wash the genital area with water and soap.
- Drink a glass of water.
- Wait two hours, then collect the urine directly into one of the containers pre-filled halfway with the fixative: begin urinating, discarding the first few drops, then place the container under the stream and fill it completely.
- Securely close the container with the screw cap.
- Label the container with the patient's **full name, date of birth**, and the **sample collection date**.
- Store the samples at room temperature.
- Deliver all three samples to the laboratory as soon as possible.
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Important Safety Information:

The container contains ethyl alcohol; therefore:

- **Do not ingest or inhale.**
- **Keep out of the reach of children.**
- **In case of eye contact, rinse thoroughly with water.**
- **In case of accidental ingestion, seek medical attention at the nearest emergency department.**