

Clinical Laboratory

Spot urine collection instructions

Urine must be collected on the morning of the test day.

Collection procedure

- Thoroughly wash the genital area with water and soap.
- Collect the first part of the urine stream in the designated container (at least 50 mL).
- Deliver the sample to the clinic as soon as possible or store it at +2°C – 8°C for a maximum of 4 hours.

The table below lists the tests that can be performed with this type of biological sample:

Tests performed
<ul style="list-style-type: none">• Complete urine analysis (chemical and physical examination)• Urinary protein electrophoresis• Microalbuminuria• Urinary creatinine• Immunological pregnancy test• Urinary antigen test for <i>Pneumococcus</i> detection• Urinary antigen test for <i>Legionella</i> detection• Urine test for <i>Mycobacteria</i> detection and analysis